



CHILLED or FROZEN FOOD DELIVERED TO YOUR DOOR

Mains

Serves 4

Fish pie with fluffy mash	€35
Rich beef stew with vegetables	€32.50
Shepherd's pie	€30
Beef lasagne	€30
Coq Au Vin Supreme	€35
Chilli Con Carne	€30
Vegetarian lasagne	€27

Soup

Serves 4

Butternut Squash	€12
Leek and Potato	€12
Sweet potato and carrot	€12
Mushroom	€12

Text Emma on 086 8717237 or email emma@cookforyou.ie and quote your Eircode. Delivery is free within 5km of my kitchen R42PP76 or you can pick up here. See my website cookforyou.ie for desserts and more options.